

Personal Prayer for Someone with Autism Spectrum Disorder

Thank you, Father, for all the wonderful ways my brain functions and all gifts and talents You have given me.

I bless my limbic system and circuitry (“emotional brain”). Father, I desire to experience your love and the love of others. Teach me to lovingly connect to myself and to others. Father God, I want to know and experience your divine protection so that I walk in faith and not in fear, that I would have true courage and not operate in bravado.

In Jesus name, I command normalization of sleep so that my brain has an opportunity to be restored and renewed.

Jesus, thank you for normalizing and balancing all my brain’s chemistry.

In the name of Jesus, I declare healing for all my brain’s connectivity. I am asking, Lord, that you will create a divine filter that helps me find meaning and value in my life, my experiences and in the lives of others. Show me how to prioritize information in healthy and helpful ways.

Jesus, if there was any trauma in the first six month of life that disrupted normal fetal development, please go back in time and correct any deletion or duplication along the DNA strand and remove any trauma.

I declare, Jesus, You are stronger than any demonic interference in my life. I break, shatter, and destroy any and all demonic attachment to my life.

Father, will You show me Your love for me and break off any guilt or shame that I have felt about being different or any learning or socialization issues I have had. I receive Your comfort, encouragement and Your view of who I am. You have marvelously created me as you knit me together in my mother’s womb. I am whole and healthy in every way.

Thank You, Father God, for helping me to find new pathways to flexibility in my brain so that I can find new ways of doing things and see other people’s viewpoints.

I praise you, Jesus, for healing to all the situations I face. In Jesus’ name.

Amen.